

Introducing Quest Diagnostics Health & Wellness Biometric Screening



Newark Public Schools is offering a **FREE** and **confidential** Biometric Screening, administered by Quest Diagnostics, to employees currently enrolled in the Newark Public Schools medical plan. A biometric screening is a series of health tests that provides insight into your overall health and is one way to assess your risk for cardiovascular disease, diabetes, and high blood pressure.

Begin your quest to better health by registering for your biometric screening.

Complete your biometric screening and you will have the chance to win an Apple Watch, Fitbit or NutriBullet!

Onsite Biometric Screening

For your convenience, we are offering the following onsite biometrics screenings. Please note: fasting is **NOT** required and you will get your results the same day!

Event Date & Time	Location
Wednesday, March 22 9:00 AM - 1:00 PM	Central Office Conference Room 914 2 Cedar Street Newark, NJ
Thursday, March 23 2:00 PM - 6:00 PM	Harold Wilson School 190 Muhammad Ali Avenue Newark, NJ

Those employees who attend an onsite screening will receive a water bottle and a pedometer!

Register today for your Onsite Biometric Screening by visiting my.questforhealth.com and use the registration key **NPS2017**. Please have your Aetna ID available when registering as your Unique ID.

Don't forget! You can find more information on BenePortal website at <http://www.beneportal-newarkboe.info>.

Remember when you are done on the website, simply close your internet browser—DO NOT CLICK "LOGOUT."



Health & Wellness