

# NEWARK TEACHERS UNION UPDATE

November 15, 2019

## What about the staff's trauma and mental health?



**John M. Abeigon**  
jabeigon@newarkteachersunion.com

*Last week it was reported that Newark is getting a much needed \$6.5 million for student mental health supports. This is great news....but....*

Second only to the parents and sadly, too often second to no one, no one is closer to these children than we are. Teachers and instructional staff can detect the type of day a child is having often before they take off their coats. We can express their feelings into words that are still ineffable to them. So training us to identify and handle child trauma in a modern and professional way is all good. Teachers, by their very nature, are students too.

But, hath not a teacher compassion? Can we not train administrators to identify trauma and mental health issues in their staff as well? We have no shield around us that protects us from emotional and cognitive empathy. Students experiencing rage, anger, loss, etc can't help but bring those feelings into the classroom where it is bound to affect other students and staff. So training us on how to best deal with these cases is a positive thing, and we'll do everything we can to insure its success.

But, teachers, in addition to the trauma and stressors students share and impose on us, we along with other instructional staff are often assaulted in the schools, on school grounds, or in the community. We, however, are simply asked to just shake it off. Get over it, move on. Where is our treatment? Where is our counseling day? We are asked to try and understand why Johnny threw an electric pencil sharpener at our head. We end up with three stitches, two sick days and some Extra-strength Tylenol. Johnny is sent back to the same classroom with a modicum of (if any) discipline and maybe some counseling. His misdirected rage is allowed to fester. This is the status quo. It doesn't have to be.

We welcome these new grants and wish the program success. But, with just a bit of tweaking, and with the right kind of treatment and training, Johnny need not wind up in prison as a teenager, because he wasn't taught actions/consequences and the teacher need not resign after just two years due to mental health issues produced by assault and burnout. With the slightest adjustment teachers and instructional staff should be included as victims.

Let's work towards wellness for all.

In Solidarity,

**John M. Abeigon**

**President/Director of Organization**

**Newark Teachers Union Local 481, AFT, AFL-CIO**

# NEWARK TEACHERS UNION UPDATE

## November 15, 2019

### Upcoming Prudential Center Events

Disney on Ice was a huge success this weekend, so we have more exclusive Prudential Center deals! Remember: You can share these codes with your friends and family. The more successful these programs are, the more we can extend them in the future!

---

#### Jurassic World Live Tour!



Please use the following links for the event, and input NTU481 into the promo box prior to selecting seats in order to receive the group rate.

Thursday, February 27 at 7 PM

Friday, February 28 at 11 AM

Friday, February 28 at 7 PM

Saturday, February 29 at 7 PM

Sunday, March 1 at 7 PM

---

#### New Jersey Devils Education Appreciation Night

December 6 at 7 PM; New Jersey Devils vs. Chicago Blackhawks

Each ticket purchased receives a Devils-branded Post-it note set, and the first 9,000 guests to come through the gates will also receive a Jack Hughes Jedi bobble-head.



#### Monster Jam presents Triple Threat Series

input NTU413 as the promo code to access the group seats for any of the below times.

January 24 at 7 PM

January 25 at 1 PM

January 25 at 7 PM

January 26 at 1 PM

# NEWARK TEACHERS UNION UPDATE

## November 15, 2019

### Upcoming Prudential Center Events

#### Never Forget Tribute Classic

Prudential Center is proud to host the Fourth Annual Never Forget Tribute Classic. This year's tournament features a doubleheader between four high-profile universities: the Delaware Blue Hens will take on the Villanova Wildcats and the Mississippi State Bulldogs will face the Kansas State Wildcats. Beyond providing an incredible day of college basketball, we have partnered with SoldierStrong, which was created to support the men and women of the armed forces that sprung into action, protecting our freedom in the wake of 9/11.

December 14 (time is TBD)

The code is NTU481



#### Harlem Globetrotters

**December 30**

**2:00 PM**

Don't miss the Harlem Globetrotters and the brand-new Pushing the Limits World Tour featuring new thrills, surprise moments and more player interaction than ever.

It's a family experience like no other, where laugh-out-loud fun meets jaw-dropping athleticism. Put a new spin on family time!

**Access your specially-priced tickets by entering offer code NTU413 on the below links!**

# NEWARK TEACHERS UNION UPDATE

## November 15, 2019

### Upcoming Workshops

#### How to Read your Pay Check!

Why is my check look different every week? What's Chapter 78? What does pre-tax or post-tax deductions mean? Let the NTU help walk you through the messy world that is your paystub! Workshop will be at the NTU Office @ 1019 Broad Street, Monday December 2, from 3:45—5 PM. If you are interested in attending, please RSVP to [mmaillaro@newarkteachersunion.com](mailto:mmaillaro@newarkteachersunion.com)



#### Guided Reading Workshop



Mary Ann Reilly from the NBOE Language Arts Department will be presenting a 90-minute Guided Reading workshop at the NTU office on Wednesday, December 4 from 3:45—5:15 PM. If you are interested in attending, please RSVP to [mmaillaro@newarkteachersunion.com](mailto:mmaillaro@newarkteachersunion.com)

**We are also planning a membership meeting/holiday celebration the week of December 9.**

**More info to come!**

**SAVE THE DATE**

- **Monday, November 18—Puerto Rico Heritage Day—SCHOOL CLOSED**
- **Tuesday, November 19—NTU Executive Board Meeting, 3:45 PM @ NTU Office, 1019 Broad Street**
- **Tuesday, November 19—NBOE Business Meeting, 6 PM @ NBOE, 765 Broad Street**
- **Wednesday November 20—NTU Building Rep Meeting, 3:45 PM @ NTU Office, 1019 Broad Street**
- **Tuesday, November 26—NBOE Business Meeting, 6 PM @ Arts High, 550 Dr. MLK Blvd**
- **Thursday, November 28 and Friday, November 29—Thanksgiving Holiday, SCHOOL CLOSED**
- **Monday, December 2—How to Read Your Paycheck Workshop, 3:45 PM @ NTU Office**
- **Wednesday, December 4—Guided Reading Workshop, 3:45 PM NTU Office**

# NEWARK TEACHERS UNION UPDATE

November 15, 2019

## NTU Website Update

Our website is still located at <http://newark.nj.aft.org>. Google seems to be having some issues finding the site, but it is still there. We have been in communication with Google on this issue and hope to have it resolved as soon as possible. You can still access the website through the above link, through other search engines, and through the link on our Facebook page. Sorry for any inconvenience this may cause.

## MEMBER SERVICES

NTU Members should never hesitate to communicate with us by phone, email, etc regarding any of the issues we handle at the Newark Teachers Union.

- Supplemental Fringe Benefits
- Planning for Retirement
- Pension & Buy Back Issues
- ER+D Staff Development
- AFT Membership Benefits
- FMLA and other leaves of absence
- Assistance with Evaluations and Observations
- Disciplinary Hearings
- Labor Relations & Payroll
- Legal Representation
- Workers Comp
- Tuition Reimbursement

Call 973-643-8430 or visit our website <http://newark.nj.aft.org/> or email [mmaillaro@newarkteachersunion.com](mailto:mmaillaro@newarkteachersunion.com) to address these or any other concerns you may have.



Don't forget to follow us on Facebook (<https://www.facebook.com/NewarkTeachersUnion481/>) and Instagram ([https://www.instagram.com/newark\\_teachers\\_union/?hl=en](https://www.instagram.com/newark_teachers_union/?hl=en))

# NEWARK TEACHERS UNION

## NTU Staff

Editor/Director of Research  
and Communication

Mike Maillaro

[mmaillaro@newarkteachersunion.com](mailto:mmaillaro@newarkteachersunion.com)

---

Assistant to Secretary/Treasurer

Subrina Screven

[sscreven@newarkteachersunion.com](mailto:sscreven@newarkteachersunion.com)

---

General Counsel

Eugene Liss

---

Education Resource Department

Johanna Rios

Marivelle Ocasio

---

Part-Time Staff Reps

Robert Palumbo

John Alvino

---

Security/Maintenance

James Santiago

---

Newark Teachers Union

Local 481, AFT, AFL-CIO

3rd Floor

1019 Broad Street

Newark, NJ 07102

Phone: 973-643-8430

Fax: 973-643-8435

Fax: 973-242-5880

<http://newark.nj.aft.org>

## Executive Board

John M. Abeigon, President/Director of Organization

Michael Iovino, Secretary/Treasurer

## Vice Presidents

Victor Afonso

Anthony Moreno

Noor Alam

Kathleen Murphy-Butler

Cristina Balboa

Justin Petino

Chris Canik

Marisa Rodriguez

Ronnie D. Carney

Jennifer Ramos

Timothy Carr

Ryan Sandor

Donna Charles

Misha Smith

John Cunha

Larry Sullivan

Josephine Donnellan

Cassandra Talmadge

Franciso Garcia

Neil Thomas

Nancy Gianni

Tennille Wasek

Clarence Jones III

Carmen Lopez Wolf

Yvette Jordan

Alicia Malave-Diaz

Jerry Moore